

LESSON 2: FAMILY SIGNS

Important Gender Differences for Location of Signs:

All female signs are made on the lower half of the face (beneath the nose).

Memory Aid: Women are known for talking.

All male signs are made on the upper half of the face (above the nose).

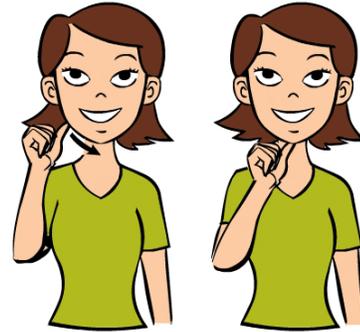
Memory Aid: Men are known for getting stuck in their heads.



FAMILY

With 2 F-hands, start with outside edges of thumbs + index fingers touching with palms out. Then circle your hands around and end with the outside edges of your pinkies touching, palms facing in.

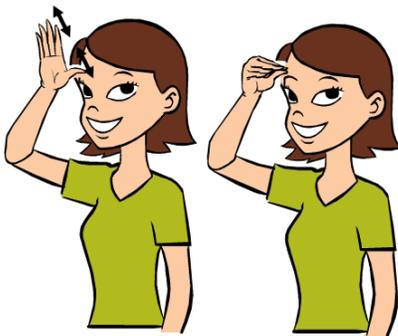
Memory Aid: Think of the magazine “Family Circle” or of a family sitting around a dinner table.



GIRL

Start with a dominant A-hand, but make your thumb stick out a more (like you’re giving a thumbs up). Starting just below your ear, drag your thumb tip down your jawline, ending at your chin.

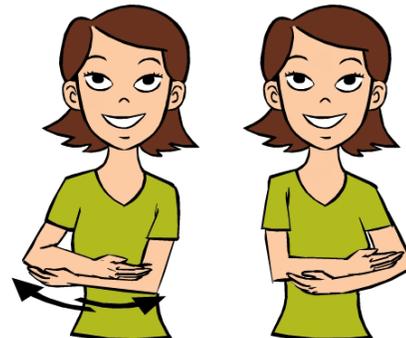
Memory Aid: Think of a little girl wearing an old-fashioned bonnet and you are showing the string of her bonnet coming down her jawline.



BOY

Start with your dominant hand touching your forehead with your fingers close together, palm facing to the side. Close your hand so your thumbtip is touching your other fingertips.

Memory Aid: Imagine you are grabbing and releasing the tip of a baseball hat.



BABY

Cross your hands touching each elbow with the fingers from the opposite hands, as if you are cradling a baby in your arms. Then gently move your hands from side to side.

Memory Aid: Imagine you are rocking an imaginary baby in your arms.



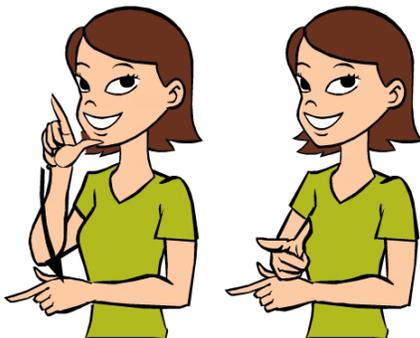
DAUGHTER

This sign is a combination of GIRL and BABY – first do the sign for GIRL, then drop your hands down and do the sign for BABY.



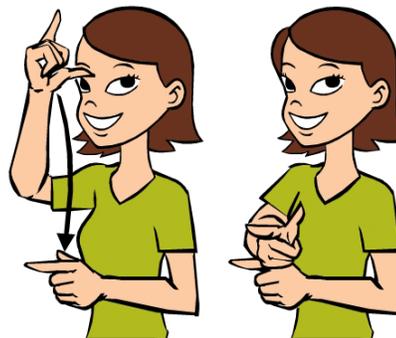
SON

This sign is a combination of BOY and BABY – first do the sign for BOY, then drop your hands down and do the sign for BABY.



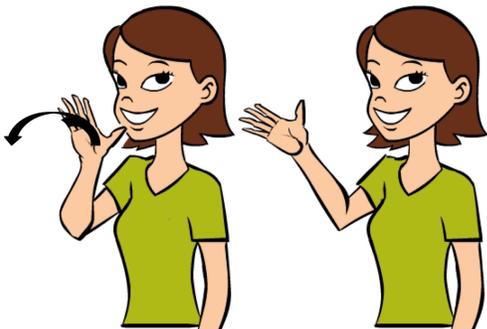
SISTER

Make 2 L-hands (double guns). Hold your non-dominant hand at chest level with index finger pointed out. With your dominant hand, trace your thumb down your jawline from ear to chin, then drop dominant hand down so that the base of your hand is sitting on the base of your non-dominant hand's thumb.



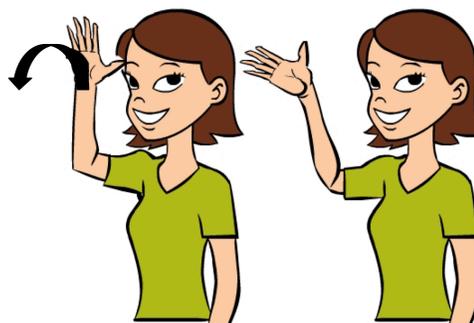
BROTHER

Make 2 L-hands (double guns). Hold your non-dominant hand at chest level with index finger pointed out. Start with your dominant hand on your forehead (like you are going to do the sign for BOY), then drop dominant hand down so that the base of your hand is sitting on the base of your non-dominant hand's thumb.



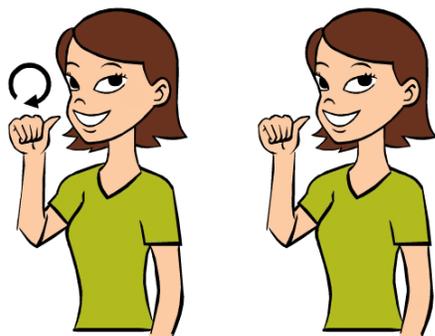
GRANDMA

Make a 5-hand with your dominant hand and with your pinkie facing forward, start your thumb on your chin. Now move your hand out from your face in a arching motion, ending 10-14" in front of your face.



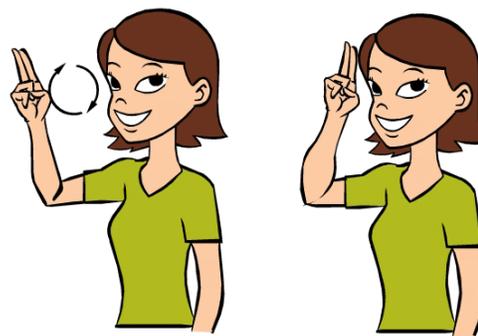
GRANDPA

Make a 5-hand with your dominant hand and with your pinkie facing forward, start your thumb on your forehead. Now move your hand out from your face in a arching motion, ending 10-14" in front of your face.



AUNT

With your dominant A-hand, twist your hand at the wrist in a small circle near your cheek (but not touching).



UNCLE

With your dominant U-hand, twist your hand at the wrist in a small circle near your cheek (but not touching).

Movement Song:

Mama's Little Baby Loves Dancing

**Mama's little baby loves dancing, dancing
Mama's little baby loves turning around.
Mama's little baby loves dancing, dancing
Mama's little baby loves to boogie on down.**

**Lean to the left,
Lean to the right
Hug that baby nice and tight
(x 2)**

Repeat Beginning

Movement Song:

If You're Happy & You Know It

1. If you're happy and you know it,

Jump around!

If you're happy and you know it,

Jump around!

If If you're happy and you know it,

Then your face will surely show it!

If you're happy and you know it,

Jump around!

2. Run around

3. Spin in a circle

4. Fly around

5. Throw 'em Up!

6. Move to the left

7. Move to the right

Signing Song:

Hey Mommy, Hey Daddy

(My Smart Hands Level 1 Album)

1. Hey **MOMMY**, hey **MOMMY**

Will you **PLEASE HELP** me?

Hey **MOMMY**, hey **MOMMY**

I want to climb up that **TREE!**

I love to **PLAY** with **MOMMY**

So **MOMMY**, will you **PLEASE HELP** me?

2. Hey **DADDY**, hey **DADDY**,

What are we going to **EAT**

Hey **DADDY**, hey **DADDY**

I like **BANANAS** because they're **SWEET**

I love to **EAT** with **DADDY**

So **DADDY**, what are we going to **EAT**

3. Hey **BROTHER**, hey **SISTER**

Which **BOOK** should we **READ?**

Hey **BROTHER**, hey **SISTER**

I like to **READ** about flowers and bees

I love to **READ** with **BROTHER**

So **BROTHER**, what are we going to **READ?**

4. Hey **GRANDPA**, hey **GRANDPA**
What are we going to **PLAY**?
Hey **GRANDPA**, hey **GRANDPA**
I like to **SWING** all day
I love to **PLAY** with **GRANDPA**
So **GRANDPA**, will you **PLAY** with me?

5. Hey **GRANDMA**, hey **GRANDMA**
Will you **SING** to me?
Hey **GRANDMA**, hey **GRANDMA**
Don't stop, **SING MORE** to me!
I love to **SING** with **GRANDMA**,
So **GRANDMA**, will you **SING** to me?

(come in on 2nd time)

Hey **GRANDPA**, hey **GRANDPA**,
Will you play with me?

Hey **BROTHER**, hey **BROTHER**
Will you **READ** with me?

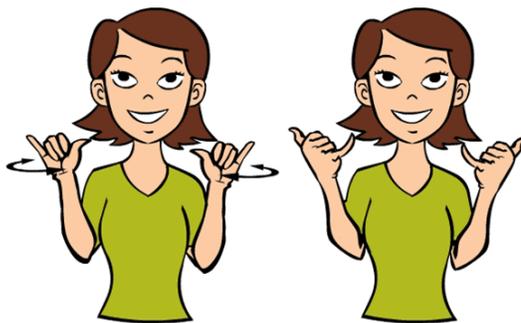
Hey **MOMMY**, hey **MOMMY**
So **MOMMY**, will you please **HELP** me?



TREE:

Hold your non-dominant arm in front of your abdomen, palm down. With your dominant arm open 5-hand, rest your dominant elbow on the back of your hand and twist your hand at the wrist.

Memory aid: Think of a tree blowing in the wind.



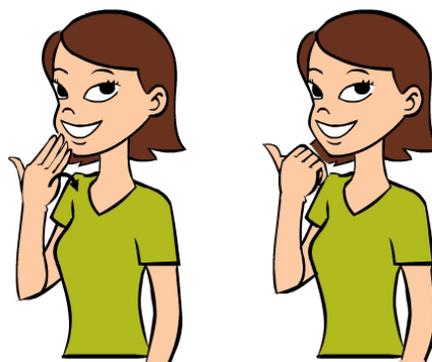
PLAY:

Using 2 Y-hands, hold in front of your body at abdomen level. Shake your hands in a flinging motion several times, rotating at the wrist.



BANANA:

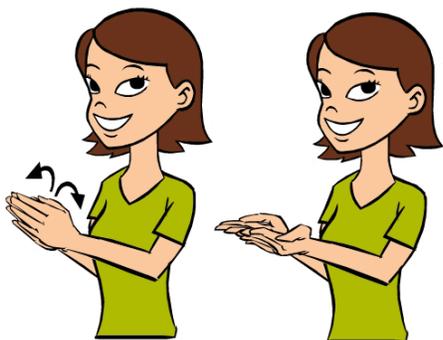
Point your index finger on your non-dominant hand up, as if it was a banana. With your dominant hand, "peel" the banana.



SWEET:

Using a closed dominant hand, touch your fingertips to your chin, palm facing in. Pull your hand into a fist shape, then back into a flat handshape several times.

Memory aid: Think of wiping chocolate off of your chin.



BOOK:

With 2 closed, flat hands, start with your hands together at abdomen level, palms in. Open and close your hands together several times.

Memory aid: Think of opening and closing a book.



READ:

Hold up a flat, non-dominant hand, palm facing your body. Move the fingertips of your dominant V-hand down your non-dominant hand on the palm side from your thumb side down to your pinky side.

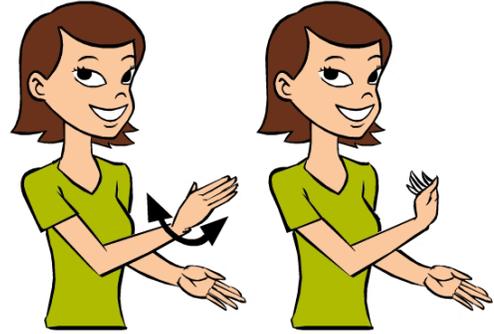
Memory aid: Think of your eyes scanning down a page while reading.



SWING:

With a non-dominant H-hand and a dominant V-hand, sit your V-hand on your H-hand then move your hands in a swinging motion. This sign can also be done with just your dominant hand (like sitting on an imaginary swing).

Memory aid: Think of a person sitting on a swing.



SING:

Make 2 closed, flat hands. Hold your non-dominant arm at a 90° angle in front of your body, palm up. Make an arcing motion with your dominant hand ~2-4" over your non-dominant hand, moving from wrist to elbow.

Memory aid: Think of conducting a little mini orchestra on your arm.

Signing Book:

I Will Always Love You

By Caroline Pedler

